**附件1**

**2025年上海市高中阶段学校市级优秀体育学生资格确认报名表**

学生所在区： 毕业学校： 学生报名号：

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 姓名 |  | 性别 |  | 身高 |  | | | 体重 | |  | | 出生日期 | 年 月 日 |
| 训练项目 |  | 专项 |  | | 是否已在国家体育总局注册 | | | | | |  | 注册号 |  |
| 家庭地址 |  | | | | 电话 | | |  | | | | 邮编 |  |
| 报名学校 |  | | | | 身份证号 | | |  | | | | 上海学籍号 |  |
| 个人特点 运动经历 |  | | | | | | | | | | | | |
| 主要  比赛  成绩 | 竞赛名称 | | | 时间 | | 地点 | | | 取得成绩(名次) | | | | 证明人或推荐人 |
|  | | |  | |  | | |  | | | | 年 月 日 |
|  | | |  | |  | | |  | | | |
|  | | |  | |  | | |  | | | |
| 毕业学校  意见 | | 已公示5个工作日，同意该生报名。  签字(盖章):  年 月 日 | | | | | 招生学校  意见 | | | | 已公示5个工作日，同意该生通过资格确认。  签字(盖章):  年 月 日 | | |
| 区青少年体育工作  联席会议办公室(体教  融合办公室)意见 | | 签字(盖章):  年 月 日 | | | | | 市青少年体育工作 联席会议办公室意见 | | | | 签字(盖章):  年 月 日 | | |

注：本表一式六份，由市、区教育、体育行政部门、区招考机构、招生学校各留一份。比赛成绩证明须另附页。若报名两所学校，须填写两张报名表。

**附件2：市、区级体育赛事认定目录**

2025年上海市高中阶段学校市级优秀体育学生**市级**体育赛事认定目录

|  |  |  |
| --- | --- | --- |
| 序号 | 项 目 | **市级比赛名称** |
| 34 | 田径 | 上海市中学生田径联盟杯赛(初中组) |
| 35 | 上海市中学生田径冠军赛(初中组) |
| 36 | 2024上海市学生运动会田径比赛（中学组） |
| 37 | 上海市青少年田径锦标赛  上海市第十七届运动会田径比赛(青少年组)暨  2022年上海市青少年田径锦标赛 |
| 38 | 上海市青少年体育精英系列赛田径比赛第二站 |

2025年上海市高中阶段学校市区级优秀体育学生**区级**体育赛事认定目录

|  |  |  |
| --- | --- | --- |
| 序号 | 项 目 | **区级比赛名称** |
| 1 | 田径 | 宝山区学生阳光体育大联赛中小学生田径比赛 |
| 2 | 宝山区学生阳光体育大联赛中小职校园运动会（田径项目） |

附件3：

**2025年上海市高中阶段学校市级优秀体育学生**

**区级体育赛事认定表**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 学校名称 |  | | | | | 学籍号 | |  |
| 姓名 |  | 性别 |  | | | 身份证号 | |  |
| 比赛名称 |  | | | | | | | |
| 比赛时间 |  | | | 比赛地点 | | |  | |
| 获奖名次及  成绩 |  | | | | | | | |
| 学校  审核意见 | 签字(盖章):  年 月 日 | | | | | | | |
| 区教育 行政部门  审核意见 | 签字(盖章):  年 月 日 | | | | 区体育  行政部门  审核意见 | | | 签字(盖章):  年 月 日 |

附件4：《青少年田径教学训练大纲》

形态评分表

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | 形态 | 短跑组身高 | | | | | | | | | | | | 形态 | 中长跑组身高 | | | | | | | | | | | | 形态 | 跨栏组身高 | | | | | | | | | | | |
| 男子 | | | | | | 女子 | | | | | | 男子 | | | | | | 女子 | | | | | | 男子 | | | | | | 女子 | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 |
| 10.0 | 85 | 165 | 170 | 174 | 179 | 182 | 185 | 158 | 162 | 168 | 173 | 175 | 178 | 54.0 | 160 | 165 | 170 | 175 | 178 | 180 | 155 | 160 | 165 | 170 | 173 | 175 | 54.5 | 166 | 171 | 177 | 183 | 186 | 189 | 163 | 167 | 171 | 174 | 176 | 177 |
| 9.5 | 86 | 164 | 169 | 173 | 178 | 181 | 184 | 157 | 161 | 167 | 172 | 174 | 177 | 53.7 | 159 | 164 | 169 | 174 | 177 | 179 | 154 | 159 | 164 | 169 | 172 | 174 | 54.2 | 165 | 170 | 176 | 182 | 185 | 188 | 162 | 166 | 170 | 173 | 175 | 176 |
| 9.0 | 87 | 163 | 168 | 172 | 177 | 180 | 183 | 156 | 160 | 166 | 171 | 173 | 176 | 53.4 | 158 | 163 | 168 | 173 | 176 | 178 | 153 | 158 | 163 | 168 | 171 | 173 | 53.9 | 164 | 169 | 175 | 181 | 184 | 187 | 161 | 165 | 169 | 172 | 174 | 175 |
| 8.5 | 88 | 162 | 167 | 171 | 176 | 179 | 182 | 155 | 159 | 165 | 170 | 172 | 175 | 53.1 | 157 | 162 | 167 | 172 | 175 | 177 | 152 | 157 | 162 | 167 | 170 | 172 | 53.6 | 163 | 168 | 174 | 180 | 183 | 186 | 160 | 164 | 168 | 171 | 173 | 174 |
| 8.0 | 89 | 161 | 166 | 170 | 175 | 178 | 181 | 154 | 158 | 164 | 169 | 171 | 174 | 52.8 | 156 | 161 | 166 | 171 | 174 | 176 | 151 | 156 | 161 | 166 | 169 | 171 | 53.3 | 162 | 167 | 173 | 179 | 182 | 185 | 159 | 163 | 167 | 170 | 172 | 173 |
| 7.5 | 90 | 160 | 165 | 169 | 174 | 177 | 180 | 153 | 157 | 163 | 168 | 170 | 173 | 52.5 | 155 | 160 | 165 | 170 | 173 | 175 | 150 | 155 | 160 | 165 | 168 | 170 | 53.0 | 161 | 166 | 172 | 178 | 181 | 184 | 158 | 162 | 166 | 169 | 171 | 172 |
| 7.0 | 91 | 159 | 164 | 168 | 173 | 176 | 179 | 152 | 156 | 162 | 167 | 169 | 172 | 52.2 | 154 | 159 | 164 | 169 | 172 | 174 | 149 | 154 | 159 | 164 | 167 | 169 | 52.7 | 160 | 165 | 171 | 177 | 180 | 183 | 157 | 161 | 165 | 168 | 170 | 171 |
| 6.5 | 92 | 158 | 163 | 167 | 172 | 175 | 178 | 151 | 155 | 161 | 166 | 168 | 171 | 51.9 | 153 | 158 | 163 | 168 | 171 | 173 | 148 | 153 | 158 | 163 | 166 | 168 | 52.4 | 159 | 164 | 170 | 176 | 179 | 182 | 156 | 160 | 164 | 167 | 169 | 170 |
| 6.0 | 93 | 157 | 162 | 166 | 171 | 174 | 177 | 150 | 154 | 160 | 165 | 167 | 170 | 51.6 | 152 | 157 | 162 | 167 | 170 | 172 | 147 | 152 | 157 | 162 | 165 | 167 | 52.1 | 158 | 163 | 169 | 175 | 178 | 181 | 155 | 159 | 163 | 166 | 168 | 169 |
| 5.5 | 94 | 156 | 161 | 165 | 170 | 173 | 176 | 149 | 153 | 159 | 164 | 166 | 169 | 51.3 | 151 | 156 | 161 | 166 | 169 | 171 | 146 | 151 | 156 | 161 | 164 | 166 | 51.8 | 157 | 162 | 168 | 174 | 177 | 180 | 154 | 158 | 162 | 165 | 167 | 168 |
| 5.0 | 95 | 155 | 160 | 164 | 169 | 172 | 175 | 148 | 152 | 158 | 163 | 165 | 168 | 50.7 | 150 | 155 | 160 | 165 | 168 | 170 | 145 | 150 | 155 | 160 | 163 | 165 | 51.2 | 156 | 161 | 167 | 173 | 176 | 179 | 153 | 157 | 161 | 164 | 166 | 167 |
| 4.5 | 96 | 154 | 159 | 163 | 168 | 171 | 174 | 147 | 151 | 157 | 162 | 164 | 167 | 50.1 | 149 | 154 | 159 | 164 | 167 | 169 | 144 | 149 | 154 | 159 | 162 | 164 | 50.6 | 155 | 160 | 166 | 172 | 175 | 178 | 152 | 156 | 160 | 163 | 165 | 166 |
| 4.0 | 97 | 153 | 158 | 162 | 167 | 170 | 173 | 146 | 150 | 156 | 161 | 163 | 166 | 49.5 | 148 | 153 | 158 | 163 | 166 | 168 | 143 | 148 | 153 | 158 | 161 | 163 | 50.0 | 154 | 159 | 165 | 171 | 174 | 177 | 151 | 155 | 159 | 162 | 164 | 165 |
| 3.5 | 98 | 152 | 157 | 161 | 166 | 169 | 172 | 145 | 149 | 155 | 160 | 162 | 165 | 48.9 | 147 | 152 | 157 | 162 | 165 | 167 | 142 | 147 | 152 | 157 | 160 | 162 | 49.4 | 153 | 158 | 164 | 170 | 173 | 176 | 150 | 154 | 158 | 161 | 163 | 164 |
| 3.0 | 99 | 151 | 156 | 160 | 165 | 168 | 171 | 144 | 148 | 154 | 159 | 161 | 164 | 48.3 | 146 | 151 | 156 | 161 | 164 | 166 | 141 | 146 | 151 | 156 | 159 | 161 | 48.8 | 152 | 157 | 163 | 169 | 172 | 175 | 149 | 153 | 157 | 160 | 162 | 163 |
| 2.5 | 100 | 150 | 155 | 159 | 164 | 167 | 170 | 143 | 147 | 153 | 158 | 160 | 163 | 47.7 | 145 | 150 | 155 | 160 | 163 | 165 | 140 | 145 | 150 | 155 | 158 | 160 | 48.2 | 151 | 156 | 162 | 168 | 171 | 174 | 148 | 152 | 156 | 159 | 161 | 162 |
| 2.0 | 101 | 149 | 154 | 158 | 163 | 166 | 169 | 142 | 146 | 152 | 157 | 159 | 162 | 47.1 | 144 | 149 | 154 | 159 | 162 | 164 | 139 | 144 | 149 | 154 | 157 | 159 | 47.6 | 150 | 155 | 161 | 167 | 170 | 173 | 147 | 151 | 155 | 158 | 160 | 161 |
| 1.5 | 102 | 148 | 153 | 157 | 162 | 165 | 168 | 141 | 145 | 151 | 156 | 158 | 161 | 46.5 | 143 | 148 | 153 | 158 | 161 | 163 | 138 | 143 | 148 | 153 | 156 | 158 | 47.0 | 149 | 154 | 160 | 166 | 169 | 172 | 146 | 150 | 154 | 157 | 159 | 160 |
| 1.0 | 103 | 147 | 152 | 156 | 161 | 164 | 167 | 140 | 144 | 150 | 155 | 157 | 160 | 45.9 | 142 | 147 | 152 | 157 | 160 | 162 | 137 | 142 | 147 | 152 | 155 | 157 | 46.4 | 148 | 153 | 159 | 165 | 168 | 171 | 145 | 149 | 153 | 156 | 158 | 159 |
| 0.5 | 104 | 146 | 151 | 155 | 160 | 163 | 166 | 139 | 143 | 149 | 154 | 156 | 159 | 45.3 | 141 | 146 | 151 | 156 | 159 | 161 | 136 | 141 | 146 | 151 | 154 | 156 | 45.8 | 147 | 152 | 158 | 164 | 167 | 170 | 144 | 148 | 152 | 155 | 157 | 158 |

形态：短跑组（大腿长/小腿长+足高）×100 中长跑、跨栏、跳高、跳远、三级跳远形态：（下肢长B/身高×100）

综合测试

一、短跑组

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | 后抛铅球 | | | | | | | | | | | | 得分 | 立定十级跳远 | | | | 得分 | 60米 | | | |
| 男子 | | | | | | 女子 | | | | | | 男子 | | 女子 | | 男子 | | 女子 | |
| 12 | 13 | 14 | 15 | 16 | 17 | 12 | 13 | 14 | 15 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 |
| 10.0 | 12.0 | 13.5 | 14.0 | 15.0 | 16.0 | 17.0 | 9.0 | 11.0 | 11.5 | 12.0 | 12.0 | 13.0 | 15.0 | 31.0 | 32.0 | 26.0 | 27.0 | 20.0 | 7.04 | 6.64 | 7.84 | 7.64 |
| 9.5 | 11.5 | 13.0 | 13.7 | 14.7 | 15.7 | 16.7 | 8.7 | 10.7 | 11.2 | 11.7 | 11.7 | 12.7 | 14.5 | 30.7 | 31.7 | 25.7 | 26.7 | 19.5 | 7.14 | 6.74 | 7.94 | 7.74 |
| 9.0 | 11.0 | 12.5 | 13.4 | 14.4 | 15.4 | 16.4 | 8.4 | 10.4 | 10.9 | 11.4 | 11.4 | 12.4 | 14.0 | 30.4 | 31.4 | 25.4 | 26.4 | 19.0 | 7.24 | 6.84 | 8.04 | 7.84 |
| 8.5 | 10.5 | 12.0 | 13.1 | 14.1 | 15.1 | 16.1 | 8.1 | 10.1 | 10.6 | 11.1 | 11.1 | 12.1 | 13.5 | 30.1 | 31.1 | 25.1 | 26.1 | 18.5 | 7.34 | 6.94 | 8.14 | 7.94 |
| 8.0 | 10.0 | 11.5 | 12.8 | 13.8 | 14.8 | 15.8 | 7.8 | 9.8 | 10.3 | 10.8 | 10.8 | 11.8 | 13.0 | 29.8 | 30.8 | 24.8 | 25.8 | 18.0 | 7.44 | 7.04 | 8.24 | 8.04 |
| 7.5 | 9.5 | 11.0 | 12.5 | 13.5 | 14.5 | 15.5 | 7.5 | 9.5 | 10.0 | 10.5 | 10.5 | 11.5 | 12.5 | 29.5 | 30.5 | 24.5 | 25.5 | 17.5 | 7.54 | 7.14 | 8.34 | 8.14 |
| 7.0 | 9.0 | 10.5 | 12.2 | 13.2 | 14.2 | 15.2 | 7.2 | 9.2 | 9.7 | 10.2 | 10.2 | 11.2 | 12.0 | 29.2 | 30.2 | 24.2 | 25.2 | 17.0 | 7.64 | 7.24 | 8.44 | 8.24 |
| 6.5 | 8.5 | 10.0 | 11.9 | 12.9 | 13.9 | 14.9 | 6.9 | 8.9 | 9.4 | 9.9 | 9.9 | 10.9 | 11.5 | 28.9 | 29.9 | 23.9 | 24.9 | 16.5 | 7.74 | 7.34 | 8.54 | 8.34 |
| 6.0 | 8.0 | 9.5 | 11.6 | 12.6 | 13.6 | 14.6 | 6.6 | 8.6 | 9.1 | 9.6 | 9.6 | 10.6 | 11.0 | 28.6 | 29.6 | 23.6 | 24.6 | 16.0 | 7.84 | 7.44 | 8.64 | 8.44 |
| 5.5 | 7.5 | 9.0 | 11.3 | 12.3 | 13.3 | 14.3 | 6.3 | 8.3 | 8.8 | 9.3 | 9.3 | 10.3 | 10.5 | 28.3 | 29.3 | 23.3 | 24.3 | 15.5 | 7.94 | 7.54 | 8.74 | 8.54 |
| 5.0 | 7.0 | 8.5 | 11.0 | 12.0 | 13.0 | 14.0 | 6.0 | 8.0 | 8.5 | 9.0 | 9.0 | 10.0 | 10.0 | 28.0 | 29.0 | 23.0 | 24.0 | 15.0 | 8.04 | 7.64 | 8.84 | 8.64 |
| 4.5 | 6.5 | 8.0 | 10.7 | 11.7 | 12.7 | 13.7 | 5.7 | 7.7 | 8.2 | 8.7 | 8.7 | 9.7 | 9.5 | 27.7 | 28.7 | 22.7 | 23.7 | 14.5 | 8.14 | 7.74 | 8.94 | 8.74 |
| 4.0 | 6.0 | 7.5 | 10.4 | 11.4 | 12.4 | 13.4 | 5.4 | 7.4 | 7.9 | 8.4 | 8.4 | 9.4 | 9.0 | 27.4 | 28.4 | 22.4 | 23.4 | 14.0 | 8.24 | 7.84 | 9.04 | 8.84 |
| 3.5 | 5.5 | 7.0 | 10.1 | 11.1 | 12.1 | 13.1 | 5.1 | 7.1 | 7.6 | 8.1 | 8.1 | 9.1 | 8.5 | 27.1 | 28.1 | 22.1 | 23.1 | 13.5 | 8.34 | 7.94 | 9.14 | 8.94 |
| 3.0 | 5.0 | 6.5 | 9.8 | 10.8 | 11.8 | 12.8 | 4.8 | 6.8 | 7.3 | 7.8 | 7.8 | 8.8 | 8.0 | 26.8 | 27.8 | 21.8 | 22.8 | 13.0 | 8.44 | 8.04 | 9.24 | 9.04 |
| 2.5 | 4.5 | 6.0 | 9.5 | 10.5 | 11.5 | 12.5 | 4.5 | 6.5 | 7.0 | 7.5 | 7.5 | 8.5 | 7.5 | 26.5 | 27.5 | 21.5 | 22.5 | 12.5 | 8.54 | 8.14 | 9.34 | 9.14 |
| 2.0 | 4.0 | 5.5 | 9.2 | 10.2 | 11.2 | 12.2 | 4.2 | 6.2 | 6.7 | 7.2 | 7.2 | 8.2 | 7.0 | 26.2 | 27.2 | 21.2 | 22.5 | 12.0 | 8.64 | 8.24 | 9.44 | 9.24 |
| 1.5 | 3.5 | 5.0 | 8.9 | 9.9 | 10.9 | 11.9 | 3.9 | 5.9 | 6.4 | 6.9 | 6.9 | 7.9 | 6.5 | 25.9 | 26.9 | 20.9 | 21.9 | 11.5 | 8.74 | 8.34 | 9.54 | 9.34 |
| 1.0 | 3.0 | 4.5 | 8.6 | 9.6 | 10.6 | 11.6 | 3.6 | 5.6 | 6.1 | 6.6 | 6.6 | 7.6 | 6.0 | 25.6 | 26.6 | 20.6 | 21.6 | 11.0 | 8.84 | 8.44 | 9.64 | 9.44 |
| 0.5 | 2.5 | 4.0 | 8.3 | 9.3 | 10.3 | 11.3 | 3.3 | 5.3 | 5.8 | 6.3 | 6.3 | 7.3 | 5.5 | 25.3 | 26.3 | 20.3 | 21.3 | 10.5 | 8.94 | 8.54 | 9.74 | 9.54 |

一、短跑组

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | | 立定三级跳远 | | | | | | | | | | | | | | | | | 得分 | | 60米 | | | | | | | | | 得分 | | 300米 | | | | | | | |
| 男子 | | | | | | | | 女子 | | | | | | | | | 男子 | | | | 女子 | | | | | 男子 | | | | 女子 | | | |
| 12 | | 13 | | 14 | | 15 | | 12 | | 13 | | | 14 | | 15 | | 12 | | 13 | | 12 | | | 13 | | 14 | | 15 | | 14 | | 15 | |
| 20.0 | | 7.6 | | 8.1 | | 8.3 | | 8.7 | | 6.5 | | 7.2 | | | 7.4 | | 7.8 | | 20.0 | | 8.44 | | 7.84 | | 8.74 | | | 8.24 | | 20.0 | | 39.14 | | 37.14 | | 42.14 | | 41.14 | |
| 19.5 | | 7.5 | | 8.0 | | 8.2 | | 8.6 | | 6.4 | | 7.1 | | | 7.3 | | 7.7 | | 19.5 | | 8.54 | | 7.94 | | 8.84 | | | 8.34 | | 19.5 | | 40.14 | | 38.14 | | 43.14 | | 42.14 | |
| 19.0 | | 7.4 | | 7.9 | | 8.1 | | 8.5 | | 6.3 | | 7.0 | | | 7.2 | | 7.6 | | 19.0 | | 8.64 | | 8.04 | | 8.94 | | | 8.44 | | 19.0 | | 41.14 | | 39.14 | | 44.14 | | 43.14 | |
| 18.5 | | 7.3 | | 7.8 | | 8.0 | | 8.4 | | 6.2 | | 6.9 | | | 7.1 | | 7.5 | | 18.5 | | 8.74 | | 8.14 | | 9.04 | | | 8.54 | | 18.5 | | 42.14 | | 40.14 | | 45.14 | | 44.14 | |
| 18.0 | | 7.2 | | 7.7 | | 7.9 | | 8.3 | | 6.1 | | 6.8 | | | 7.0 | | 7.4 | | 18.0 | | 8.84 | | 8.24 | | 9.14 | | | 8.64 | | 18.0 | | 43.14 | | 41.14 | | 46.14 | | 45.14 | |
| 17.5 | | 7.1 | | 7.6 | | 7.8 | | 8.2 | | 6.0 | | 6.7 | | | 6.9 | | 7.3 | | 17.5 | | 8.94 | | 8.34 | | 9.24 | | | 8.74 | | 17.5 | | 44.14 | | 42.14 | | 47.14 | | 46.14 | |
| 17.0 | | 7.0 | | 7.5 | | 7.7 | | 8.1 | | 5.9 | | 6.6 | | | 6.8 | | 7.2 | | 17.0 | | 9.04 | | 8.44 | | 9.34 | | | 8.84 | | 17.0 | | 45.14 | | 43.14 | | 48.14 | | 47.14 | |
| 16.5 | | 6.9 | | 7.4 | | 7.6 | | 8.0 | | 5.8 | | 6.5 | | | 6.7 | | 7.1 | | 16.5 | | 9.14 | | 8.54 | | 9.44 | | | 8.94 | | 16.5 | | 46.14 | | 44.14 | | 49.14 | | 48.14 | |
| 16.0 | | 6.8 | | 7.3 | | 7.5 | | 7.9 | | 5.7 | | 6.4 | | | 6.6 | | 7.0 | | 16.0 | | 9.24 | | 8.64 | | 9.54 | | | 9.04 | | 16.0 | | 47.14 | | 45.14 | | 50.14 | | 49.14 | |
| 15.5 | | 6.7 | | 7.2 | | 7.4 | | 7.8 | | 5.6 | | 6.3 | | | 6.5 | | 6.9 | | 15.5 | | 9.34 | | 8.74 | | 9.64 | | | 9.14 | | 15.5 | | 48.14 | | 46.14 | | 51.14 | | 50.14 | |
| 15.0 | | 6.5 | | 7.0 | | 7.2 | | 7.6 | | 5.4 | | 6.1 | | | 6.3 | | 6.7 | | 15.0 | | 9.44 | | 8.84 | | 9.74 | | | 9.24 | | 15.0 | | 49.64 | | 47.64 | | 52.64 | | 51.64 | |
| 14.5 | | 6.3 | | 6.8 | | 7.0 | | 7.4 | | 5.2 | | 5.9 | | | 6.1 | | 6.5 | | 14.5 | | 9.54 | | 8.94 | | 9.84 | | | 9.34 | | 14.5 | | 51.14 | | 49.14 | | 54.14 | | 53.14 | |
| 14.0 | | 6.1 | | 6.6 | | 6.8 | | 7.2 | | 5.0 | | 5.7 | | | 5.9 | | 6.3 | | 14.0 | | 9.64 | | 9.04 | | 9.94 | | | 9.44 | | 14.0 | | 52.64 | | 50.64 | | 55.64 | | 54.64 | |
| 13.5 | | 5.9 | | 6.4 | | 6.6 | | 7.0 | | 4.8 | | 5.5 | | | 5.7 | | 6.1 | | 13.5 | | 9.74 | | 9.14 | | 10.04 | | | 9.54 | | 13.5 | | 54.14 | | 52.14 | | 57.14 | | 56.14 | |
| 13.0 | | 5.7 | | 6.2 | | 6.4 | | 6.8 | | 4.6 | | 5.3 | | | 5.5 | | 5.9 | | 13.0 | | 9.84 | | 9.24 | | 10.14 | | | 9.64 | | 13.0 | | 55.64 | | 53.64 | | 58.64 | | 57.64 | |
| 12.5 | | 5.5 | | 6.0 | | 6.2 | | 6.6 | | 4.4 | | 5.1 | | | 5.3 | | 5.7 | | 12.5 | | 9.94 | | 9.34 | | 10.24 | | | 9.74 | | 12.5 | | 57.14 | | 55.14 | | 60.14 | | 59.14 | |
| 12.0 | | 5.3 | | 5.8 | | 6.0 | | 6.4 | | 4.2 | | 4.9 | | | 5.1 | | 5.5 | | 12.0 | | 10.04 | | 9.44 | | 10.34 | | | 9.84 | | 12.0 | | 58.64 | | 56.64 | | 61.64 | | 60.64 | |
| 11.5 | | 5.1 | | 5.6 | | 5.8 | | 6.2 | | 4.0 | | 4.7 | | | 4.9 | | 5.3 | | 11.5 | | 10.14 | | 9.54 | | 10.44 | | | 9.94 | | 11.5 | | 60.14 | | 58.14 | | 63.14 | | 62.14 | |
| 11.0 | | 4.9 | | 5.4 | | 5.6 | | 6.0 | | 3.8 | | 4.5 | | | 4.7 | | 5.1 | | 11.0 | | 10.24 | | 9.64 | | 10.54 | | | 10.04 | | 11.0 | | 61.64 | | 59.64 | | 64.64 | | 63.64 | |
| 10.5 | | 4.7 | | 5.2 | | 5.4 | | 5.8 | | 3.6 | | 4.3 | | | 4.5 | | 4.9 | | 10.5 | | 10.34 | | 9.74 | | 10.64 | | | 10.14 | | 10.5 | | 63.14 | | 61.14 | | 66.14 | | 65.14 | |
| 得分 | 主项 100米 | | | | | | | | | | | | | | | 得分 | | 100米 | | | | | | | | 200米 | | | | | | | 400米 | | | | | | |
| 男子 | | | | | | | | 女子 | | | | | | | 男子 | | | | 女子 | | | | 男子 | | | 女子 | | | | 男子 | | | | 女子 | | |
| 12 | | 13 | | 14 | | 15 | | 12 | | 13 | | 14 | 15 | | 16 | | 17 | | 16 | | 17 | | 16 | 17 | | 16 | | 17 | | 16 | | 17 | | 16 | | 17 |
| 30.0 | 13.04 | | 12.24 | | 11.84 | | 11.44 | | 13.74 | | 13.24 | | 12.84 | 12.54 | | 35 | | 11.04 | | 10.74 | | 12.24 | | 11.84 | | 22.24 | 21.44 | | 24.44 | | 23.84 | | 49.64 | | 47.64 | | 57.14 | | 53.94 |
| 28.5 | 13.14 | | 12.34 | | 11.94 | | 11.54 | | 13.84 | | 13.34 | | 12.94 | 12.64 | | 34 | | 11.14 | | 10.84 | | 12.34 | | 11.94 | | 22.54 | 21.74 | | 24.74 | | 24.14 | | 50.14 | | 48.14 | | 57.64 | | 54.44 |
| 27.0 | 13.24 | | 12.44 | | 12.04 | | 11.64 | | 13.94 | | 13.44 | | 13.04 | 12.74 | | 33 | | 11.24 | | 10.94 | | 12.44 | | 12.04 | | 22.84 | 22.04 | | 25.04 | | 24.44 | | 50.64 | | 48.64 | | 58.14 | | 54.94 |
| 25.5 | 13.34 | | 12.54 | | 12.14 | | 11.74 | | 14.04 | | 13.54 | | 13.14 | 12.84 | | 32 | | 11.34 | | 11.04 | | 12.54 | | 12.14 | | 23.14 | 22.34 | | 25.34 | | 24.74 | | 51.14 | | 49.14 | | 58.64 | | 55.44 |
| 24.0 | 13.44 | | 12.64 | | 12.24 | | 11.84 | | 14.14 | | 13.64 | | 13.24 | 12.94 | | 31 | | 11.44 | | 11.14 | | 12.64 | | 12.24 | | 23.44 | 22.64 | | 25.64 | | 25.04 | | 51.64 | | 49.64 | | 59.14 | | 55.94 |
| 22.5 | 13.54 | | 12.74 | | 12.34 | | 11.94 | | 14.24 | | 13.74 | | 13.34 | 13.04 | | 30 | | 11.54 | | 11.24 | | 12.74 | | 12.34 | | 23.74 | 22.94 | | 25.94 | | 25.34 | | 52.14 | | 50.14 | | 59.64 | | 56.44 |
| 21.0 | 13.64 | | 12.84 | | 12.44 | | 12.04 | | 14.34 | | 13.84 | | 13.44 | 13.14 | | 29 | | 11.64 | | 11.34 | | 12.84 | | 12.44 | | 24.04 | 23.24 | | 26.24 | | 25.64 | | 52.64 | | 50.64 | | 60.14 | | 56.94 |
| 19.5 | 13.74 | | 12.94 | | 12.54 | | 12.14 | | 14.44 | | 13.94 | | 13.54 | 13.24 | | 28 | | 11.74 | | 11.44 | | 12.94 | | 12.54 | | 24.34 | 23.54 | | 26.54 | | 25.94 | | 53.14 | | 51.14 | | 60.64 | | 57.44 |
| 18.0 | 13.84 | | 13.04 | | 12.64 | | 12.24 | | 14.54 | | 14.04 | | 13.64 | 13.34 | | 27 | | 11.84 | | 11.54 | | 13.04 | | 12.64 | | 24.64 | 23.84 | | 26.84 | | 26.24 | | 53.64 | | 51.64 | | 61.14 | | 57.94 |
| 16.5 | 13.94 | | 13.14 | | 12.74 | | 12.34 | | 14.64 | | 14.14 | | 13.74 | 13.44 | | 26 | | 11.94 | | 11.64 | | 13.14 | | 12.74 | | 24.94 | 24.14 | | 27.14 | | 26.54 | | 54.14 | | 52.14 | | 61.64 | | 58.44 |
| 15.0 | 14.04 | | 13.24 | | 12.84 | | 12.44 | | 14.74 | | 14.24 | | 13.84 | 13.54 | | 25 | | 12.04 | | 11.74 | | 13.24 | | 12.84 | | 25.24 | 24.44 | | 27.44 | | 26.84 | | 54.64 | | 52.64 | | 62.14 | | 58.94 |
| 14.0 | 14.14 | | 13.34 | | 12.94 | | 12.54 | | 14.84 | | 14.34 | | 13.94 | 13.64 | | 24 | | 12.14 | | 11.84 | | 13.34 | | 12.94 | | 25.54 | 24.74 | | 27.74 | | 27.14 | | 55.14 | | 53.14 | | 62.64 | | 59.44 |
| 13.0 | 14.24 | | 13.44 | | 13.04 | | 12.64 | | 14.94 | | 14.44 | | 14.04 | 13.74 | | 23 | | 12.24 | | 11.94 | | 13.44 | | 13.04 | | 25.84 | 25.04 | | 28.04 | | 27.44 | | 55.64 | | 53.64 | | 63.14 | | 59.94 |
| 12.0 | 14.34 | | 13.54 | | 13.14 | | 12.74 | | 15.04 | | 14.54 | | 14.14 | 13.84 | | 22 | | 12.34 | | 12.04 | | 13.54 | | 13.14 | | 26.14 | 25.34 | | 28.34 | | 27.74 | | 56.14 | | 54.14 | | 63.64 | | 60.44 |
| 11.0 | 14.44 | | 13.64 | | 13.24 | | 12.84 | | 15.14 | | 14.64 | | 14.24 | 13.94 | | 21 | | 12.44 | | 12.14 | | 13.64 | | 13.24 | | 26.44 | 25.64 | | 28.64 | | 28.04 | | 56.64 | | 54.64 | | 64.14 | | 60.94 |
| 10.0 | 14.54 | | 13.74 | | 13.34 | | 12.94 | | 15.24 | | 14.74 | | 14.34 | 14.04 | | 20 | | 12.54 | | 12.24 | | 13.74 | | 13.34 | | 26.74 | 25.94 | | 28.94 | | 28.34 | | 57.14 | | 55.14 | | 64.64 | | 61.44 |
| 9.0 | 14.64 | | 13.84 | | 13.44 | | 13.04 | | 15.34 | | 14.84 | | 14.44 | 14.14 | | 19 | | 12.64 | | 12.34 | | 13.84 | | 13.44 | | 27.04 | 26.24 | | 29.24 | | 28.64 | | 57.64 | | 55.64 | | 65.14 | | 61.94 |
| 8.0 | 14.74 | | 13.94 | | 13.54 | | 13.14 | | 15.44 | | 14.94 | | 14.54 | 14.24 | | 18 | | 12.74 | | 12.44 | | 13.94 | | 13.54 | | 27.34 | 26.54 | | 29.54 | | 28.94 | | 58.14 | | 56.14 | | 65.64 | | 62.44 |
| 7.0 | 14.84 | | 14.04 | | 13.64 | | 13.24 | | 15.54 | | 15.04 | | 14.64 | 14.34 | | 17 | | 12.84 | | 12.54 | | 14.04 | | 13.64 | | 27.64 | 26.84 | | 29.84 | | 29.24 | | 58.64 | | 56.64 | | 66.14 | | 62.94 |
| 6.0 | 14.94 | | 14.14 | | 13.74 | | 13.34 | | 15.64 | | 15.14 | | 14.74 | 14.44 | | 16 | | 12.94 | | 12.64 | | 14.14 | | 13.74 | | 27.94 | 27.14 | | 30.14 | | 29.54 | | 59.14 | | 57.14 | | 66.64 | | 63.44 |

二、中长跑组

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | 后抛铅球 | | | | | | | | 100米 | | | | 得分 | 立定三级跳远 | | | | 得分 | 5000米 | | | |
| 男子 | | | | 女子 | | | | 男子 | | 女子 | | 男子 | | 女子 | | 男子 | | 女子 | |
| 12 | 13 | 14 | 15 | 12 | 13 | 14 | 15 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 |
| 10.0 | 8.0 | 10.0 | 12.0 | 13.0 | 8.0 | 9.0 | 9.5 | 11.0 | 12.24 | 11.84 | 13.74 | 13.04 | 15.0 | 8.1 | 8.2 | 7.0 | 7.3 | 20.0 | 15:40 | 15:20 | 18:00 | 17:40 |
| 9.5 | 7.8 | 9.8 | 11.6 | 12.6 | 7.8 | 8.8 | 9.3 | 10.8 | 12.44 | 12.04 | 13.94 | 13.24 | 14.5 | 8.0 | 8.1 | 6.9 | 7.2 | 19.5 | 15:50 | 15:30 | 18:10 | 17:50 |
| 9.0 | 7.6 | 9.6 | 11.2 | 12.2 | 7.6 | 8.6 | 9.1 | 10.6 | 12.64 | 12.24 | 14.14 | 13.44 | 14.0 | 7.9 | 8.0 | 6.8 | 7.1 | 19.0 | 16:00 | 15:40 | 18:20 | 18:00 |
| 8.5 | 7.4 | 9.4 | 10.8 | 11.8 | 7.4 | 8.4 | 8.9 | 10.4 | 12.84 | 12.44 | 14.34 | 13.64 | 13.5 | 7.8 | 7.9 | 6.7 | 7.0 | 18.5 | 16:10 | 15:50 | 18:30 | 18:10 |
| 8.0 | 7.2 | 9.2 | 10.4 | 11.5 | 7.2 | 8.2 | 8.7 | 10.2 | 13.04 | 12.64 | 14.54 | 13.84 | 13.0 | 7.7 | 7.8 | 6.6 | 6.9 | 18.0 | 16:20 | 16:00 | 18:40 | 18:20 |
| 7.5 | 7.0 | 9.0 | 10.0 | 11.0 | 7.0 | 8.0 | 8.5 | 10.0 | 13.24 | 12.84 | 14.74 | 14.04 | 12.5 | 7.6 | 7.7 | 6.5 | 6.8 | 17.5 | 16:30 | 16:10 | 18:50 | 18:30 |
| 7.0 | 6.8 | 8.8 | 9.6 | 10.6 | 6.8 | 7.8 | 8.3 | 9.8 | 13.44 | 13.04 | 14.94 | 14.24 | 12.0 | 7.5 | 7.6 | 6.4 | 6.7 | 17.0 | 16:40 | 16:20 | 19:00 | 18:40 |
| 6.5 | 6.6 | 8.6 | 9.2 | 10.2 | 6.6 | 7.6 | 8.1 | 9.6 | 13.64 | 13.24 | 15.14 | 14.44 | 11.5 | 7.4 | 7.5 | 6.3 | 6.6 | 16.5 | 16:50 | 16:30 | 19:10 | 18:50 |
| 6.0 | 6.4 | 8.4 | 8.8 | 9.8 | 6.4 | 7.4 | 7.9 | 9.4 | 13.84 | 13.44 | 15.34 | 14.64 | 11.0 | 7.3 | 7.4 | 6.2 | 6.5 | 16.0 | 17:00 | 16:40 | 19:20 | 19:00 |
| 5.5 | 6.2 | 8.2 | 8.4 | 9.4 | 6.2 | 7.2 | 7.7 | 9.2 | 14.04 | 13.64 | 15.54 | 14.84 | 10.5 | 7.2 | 7.3 | 6.1 | 6.4 | 15.5 | 17:10 | 16:50 | 19:30 | 19:10 |
| 5.0 | 6.0 | 8.0 | 8.0 | 9.0 | 6.0 | 7.0 | 7.5 | 9.0 | 14.24 | 13.84 | 15.74 | 15.04 | 10.0 | 7.1 | 7.2 | 6.0 | 6.3 | 15.0 | 17:20 | 17:00 | 19:50 | 19:30 |
| 4.5 | 5.8 | 7.8 | 7.6 | 8.6 | 5.8 | 6.8 | 7.3 | 8.8 | 14.44 | 14.04 | 15.94 | 15.24 | 9.5 | 7.0 | 7.1 | 5.9 | 6.2 | 14.5 | 17:30 | 17:10 | 20:10 | 19:50 |
| 4.0 | 5.6 | 7.6 | 7.2 | 8.2 | 5.6 | 6.6 | 7.1 | 8.6 | 14.64 | 14.24 | 16.14 | 15.44 | 9.0 | 6.9 | 7.0 | 5.8 | 6.1 | 14.0 | 17:40 | 17:20 | 20:30 | 20:10 |
| 3.5 | 5.4 | 7.4 | 6.8 | 7.8 | 5.4 | 6.4 | 6.9 | 8.4 | 14.84 | 14.44 | 16.34 | 15.64 | 8.5 | 6.8 | 6.9 | 5.7 | 6.0 | 13.5 | 17:50 | 17:30 | 20:50 | 20:30 |
| 3.0 | 5.2 | 7.2 | 6.4 | 7.4 | 5.2 | 6.2 | 6.7 | 8.2 | 15.04 | 14.64 | 16.54 | 15.84 | 8.0 | 6.7 | 6.8 | 5.6 | 5.9 | 13.0 | 18:00 | 17:40 | 21:10 | 20:50 |
| 2.5 | 5.0 | 7.0 | 6.0 | 7.0 | 5.0 | 6.0 | 6.5 | 8.0 | 15.24 | 14.84 | 16.74 | 16.04 | 7.5 | 6.6 | 6.7 | 5.5 | 5.8 | 12.5 | 18:20 | 18:00 | 21:30 | 21:10 |
| 2.0 | 4.8 | 6.8 | 5.6 | 6.6 | 4.8 | 5.8 | 6.3 | 7.8 | 15.44 | 15.04 | 16.94 | 16.24 | 7.0 | 6.5 | 6.6 | 5.4 | 5.7 | 12.0 | 18:40 | 18:20 | 21:50 | 21:30 |
| 1.5 | 4.6 | 6.6 | 5.2 | 6.2 | 4.6 | 5.6 | 6.1 | 7.6 | 15.64 | 15.24 | 17.14 | 16.44 | 6.5 | 6.4 | 6.5 | 5.3 | 5.6 | 11.5 | 19:00 | 18:40 | 22:10 | 21:50 |
| 1.0 | 4.4 | 6.4 | 4.8 | 5.8 | 4.4 | 5.4 | 5.9 | 7.4 | 15.84 | 15.44 | 17.34 | 16.64 | 6.0 | 6.3 | 6.4 | 5.2 | 5.5 | 11.0 | 19:20 | 19:00 | 22:30 | 22:10 |
| 0.5 | 4.2 | 6.2 | 4.4 | 5.4 | 4.2 | 5.2 | 5.7 | 7.2 | 16.04 | 15.64 | 17.54 | 16.84 | 5.5 | 6.2 | 6.3 | 5.1 | 5.4 | 10.5 | 19:40 | 19:20 | 22:50 | 22:30 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | 100米 | | | | | | | | 立定三级跳远 | | | | | | | |
| 男子 | | | | 女子 | | | | 男子 | | | | 女子 | | | |
| 12 | 13 | 14 | 15 | 12 | 13 | 14 | 15 | 12 | 13 | 14 | 15 | 12 | 13 | 14 | 15 |
| 20 | 14.74 | 13.74 | 13.04 | 12.64 | 14.74 | 14.34 | 14.04 | 13.84 | 6.5 | 7.0 | 7.9 | 8.3 | 6.3 | 6.6 | 6.9 | 7.3 |
| 19 | 14.84 | 13.84 | 13.14 | 12.74 | 14.84 | 14.44 | 14.14 | 13.94 | 6.3 | 6.8 | 7.7 | 8.1 | 6.1 | 6.4 | 6.7 | 7.1 |
| 18 | 14.94 | 13.94 | 13.24 | 12.84 | 14.94 | 14.54 | 14.24 | 14.04 | 6.1 | 6.6 | 7.5 | 7.9 | 5.9 | 6.2 | 6.5 | 6.9 |
| 17 | 15.04 | 14.04 | 13.34 | 12.94 | 15.04 | 14.64 | 14.34 | 14.14 | 5.9 | 6.4 | 7.3 | 7.7 | 5.7 | 6.0 | 6.3 | 6.7 |
| 16 | 15.14 | 14.14 | 13.44 | 13.04 | 15.14 | 14.74 | 14.44 | 14.24 | 5.7 | 6.2 | 7.1 | 7.5 | 5.5 | 5.8 | 6.1 | 6.5 |
| 15 | 15.24 | 14.24 | 13.54 | 13.14 | 15.24 | 14.84 | 14.54 | 14.34 | 5.5 | 6.0 | 6.9 | 7.3 | 5.3 | 5.6 | 5.9 | 6.3 |
| 14 | 15.34 | 14.34 | 13.74 | 13.34 | 15.34 | 14.94 | 14.64 | 14.44 | 5.3 | 5.8 | 6.7 | 7.1 | 5.1 | 5.4 | 5.7 | 6.1 |
| 13 | 15.44 | 14.44 | 13.94 | 13.54 | 15.44 | 15.04 | 14.74 | 14.54 | 5.1 | 5.6 | 6.5 | 6.9 | 4.9 | 5.2 | 5.5 | 5.9 |
| 12 | 15.54 | 14.54 | 14.14 | 13.74 | 15.54 | 15.14 | 14.84 | 14.64 | 4.9 | 5.4 | 6.3 | 6.7 | 4.7 | 5.0 | 5.3 | 5.7 |
| 11 | 15.64 | 14.64 | 14.34 | 13.94 | 15.64 | 15.24 | 14.94 | 14.74 | 4.7 | 5.2 | 6.1 | 6.5 | 4.5 | 4.8 | 5.1 | 5.5 |
| 10 | 15.84 | 14.84 | 14.54 | 14.14 | 15.84 | 15.44 | 15.14 | 14.94 | 4.6 | 5.1 | 6.0 | 6.4 | 4.4 | 4.7 | 5.0 | 5.4 |
| 9 | 16.04 | 15.04 | 14.74 | 14.34 | 16.04 | 15.64 | 15.34 | 15.14 | 4.5 | 5.0 | 5.9 | 6.3 | 4.3 | 4.6 | 4.9 | 5.3 |
| 8 | 16.24 | 15.24 | 14.94 | 14.54 | 16.24 | 15.84 | 15.54 | 15.34 | 4.4 | 4.9 | 5.8 | 6.2 | 4.2 | 4.5 | 4.8 | 5.2 |
| 7 | 16.44 | 15.44 | 15.14 | 14.74 | 16.44 | 16.04 | 15.74 | 15.54 | 4.3 | 4.8 | 5.7 | 6.1 | 4.1 | 4.4 | 4.7 | 5.1 |
| 6 | 16.64 | 15.64 | 15.34 | 14.94 | 16.64 | 16.24 | 15.94 | 15.74 | 4.2 | 4.7 | 5.6 | 6.0 | 4.0 | 4.3 | 4.6 | 5.0 |
| 5 | 16.84 | 15.84 | 15.54 | 15.14 | 16.84 | 16.44 | 16.14 | 15.94 | 4.1 | 4.6 | 5.5 | 5.9 | 3.9 | 4.2 | 4.5 | 4.9 |
| 4 | 17.04 | 16.04 | 15.74 | 15.34 | 17.04 | 16.64 | 16.34 | 16.14 | 4.0 | 4.5 | 5.4 | 5.8 | 3.8 | 4.1 | 4.4 | 4.8 |
| 3 | 17.24 | 16.24 | 15.94 | 15.54 | 17.24 | 16.84 | 16.54 | 16.34 | 3.9 | 4.4 | 5.3 | 5.7 | 3.7 | 4.0 | 4.3 | 4.7 |
| 2 | 17.44 | 16.44 | 16.14 | 15.74 | 17.44 | 17.04 | 16.74 | 16.54 | 3.8 | 4.3 | 5.2 | 5.6 | 3.6 | 3.9 | 4.2 | 4.6 |
| 1 | 17.64 | 16.64 | 16.34 | 15.94 | 17.64 | 17.24 | 16.94 | 16.74 | 3.7 | 4.2 | 5.1 | 5.5 | 3.5 | 3.8 | 4.1 | 4.5 |

二、中长跑组

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 得分 | 1500米 | | | | 800米 | | | | 得分 | 800米 | | | | 1500米 | | | |
| 男子 | | | | 女子 | | | | 男子 | | 女子 | | 男子 | | 女子 | |
| 12 | 13 | 14 | 15 | 12 | 13 | 14 | 15 | 16 | 17 | 16 | 17 | 16 | 17 | 16 | 17 |
| 30.0 | 4:50 | 4:40 | 4:28 | 4:20 | 2:40 | 2:30 | 2:24 | 2:20 | 35 | 1:57 | 1:55 | 2:14 | 2:12 | 4:05 | 3:58 | 4:33 | 4:30 |
| 28.5 | 4:53 | 4:43 | 4:31 | 4:23 | 2:43 | 2:33 | 2:27 | 2:23 | 34 | 1:59 | 1:57 | 2:17 | 2:15 | 4:07 | 4:00 | 4:36 | 4:33 |
| 27.0 | 4:56 | 4:46 | 4:34 | 4:26 | 2:46 | 2:36 | 2:30 | 2:26 | 33 | 2:01 | 1:59 | 2:20 | 2:18 | 4:09 | 4:02 | 4:39 | 4:36 |
| 25.5 | 4:59 | 4:49 | 4:37 | 4:29 | 2:49 | 2:39 | 2:33 | 2:29 | 32 | 2:03 | 2:01 | 2:23 | 2:21 | 4:11 | 4:04 | 4:42 | 4:39 |
| 24.0 | 5:02 | 4:52 | 4:40 | 4:32 | 2:52 | 2:42 | 2:36 | 2:32 | 31 | 2:05 | 2:03 | 2:26 | 2:24 | 4:13 | 4:06 | 4:45 | 4:42 |
| 22.5 | 5:05 | 4:55 | 4:43 | 4:35 | 2:55 | 2:45 | 2:39 | 2:35 | 30 | 2:07 | 2:05 | 2:29 | 2:27 | 4:15 | 4:08 | 4:48 | 4:45 |
| 21.0 | 5:08 | 4:58 | 4:46 | 4:38 | 2:58 | 2:48 | 2:42 | 2:38 | 29 | 2:09 | 2:07 | 2:32 | 2:30 | 4:17 | 4:10 | 4:51 | 4:48 |
| 19.5 | 5:11 | 5:01 | 4:49 | 4:41 | 3:01 | 2:51 | 2:45 | 2:41 | 28 | 2:11 | 2:09 | 2:35 | 2:33 | 4:20 | 4:13 | 4:54 | 4:51 |
| 18.0 | 5:14 | 5:04 | 4:52 | 4:44 | 3:04 | 2:54 | 2:48 | 2:44 | 27 | 2:13 | 2:11 | 2:38 | 2:36 | 4:23 | 4:16 | 4:57 | 4:54 |
| 16.5 | 5:17 | 5:07 | 4:55 | 4:47 | 3:07 | 2:57 | 2:51 | 2:47 | 26 | 2:15 | 2:13 | 2:41 | 2:39 | 4:26 | 4:19 | 5:00 | 4:57 |
| 15.0 | 5:20 | 5:10 | 4:58 | 4:50 | 3:10 | 3:00 | 2:54 | 2:50 | 25 | 2:17 | 2:15 | 2:44 | 2:42 | 4:29 | 4:22 | 5:03 | 5:00 |
| 13.5 | 5:23 | 5:13 | 5:01 | 4:53 | 3:13 | 3:03 | 2:57 | 2:53 | 24 | 2:19 | 2:17 | 2:47 | 2:45 | 4:32 | 4:25 | 5:06 | 5:03 |
| 12.0 | 5:26 | 5:16 | 5:04 | 4:56 | 3:16 | 3:06 | 3:00 | 2:56 | 23 | 2:21 | 2:19 | 2:50 | 2:48 | 4:35 | 4:28 | 5:09 | 5:06 |
| 10.5 | 5:29 | 5:19 | 5:07 | 4:59 | 3:19 | 3:09 | 3:03 | 2:59 | 22 | 2:23 | 2:21 | 2:53 | 2:51 | 4:38 | 4:31 | 5:12 | 5:09 |
| 9.0 | 5:32 | 5:22 | 5:10 | 5:02 | 3:22 | 3:12 | 3:06 | 3:02 | 21 | 2:25 | 2:23 | 2:56 | 2:54 | 4:41 | 4:34 | 5:15 | 5:12 |
| 7.5 | 5:35 | 5:25 | 5:13 | 5:05 | 3:25 | 3:15 | 3:09 | 3:05 | 20 | 2:27 | 2:25 | 2:59 | 2:57 | 4:44 | 4:37 | 5:18 | 5:15 |
| 6.0 | 5:38 | 5:28 | 5:16 | 5:08 | 3:28 | 3:18 | 3:12 | 3:08 | 19 | 2:29 | 2:27 | 3:02 | 3:00 | 4:47 | 4:40 | 5:21 | 5:18 |
| 4.5 | 5:41 | 5:31 | 5:19 | 5:11 | 3:31 | 3:21 | 3:15 | 3:11 | 18 | 2:31 | 2:29 | 3:05 | 3:03 | 4:50 | 4:43 | 5:24 | 5:21 |
| 3.0 | 5:44 | 5:34 | 5:22 | 5:14 | 3:34 | 3:24 | 3:18 | 3:14 | 17 | 2:33 | 2:31 | 3:08 | 3:06 | 4:53 | 4:46 | 5:27 | 5:24 |
| 1.5 | 5:47 | 5:37 | 5:25 | 5:17 | 3:37 | 3:27 | 3:21 | 3:17 | 16 | 2:35 | 2:33 | 3:11 | 3:09 | 4:56 | 4:49 | 5:30 | 5:27 |

**附件5：**

**日程安排**

|  |  |  |  |
| --- | --- | --- | --- |
| 序号 | 时间节点 | 主要工作内容和任务 | 责任部门 |
| 1 | 3月21日前 | 区内摸底与沟通 | 体育局业务科 |
| 2 | 3月27日 | 区教育局、体育局召开2025年优秀体育学生招收工作分管校长会议具体布置招生工作 | 学生发展科  体育局业务科 |
| 3 | 3月28日 | 各招生学校将优秀体育学生招生方案(项目、招生额度、录取办法及测试的项目、内容、时间、地点等)报教育局学生发展科 邮箱：403413817@qq.com | 相关学校  学生发展科  体育局业务科 |
| 4 | 4月2日 | 各招生学校将优秀体育学生招生方案向社会公示 | 相关学校  学生发展科  体育局业务科 |
| 5 | 4月10日—16日 | 符合报名条件学生确认报名后由毕业学校公示5个工作日 | 初中学校 |
| 6 | 4月19 日  13:00-16:00 | 学校组织开展现场专业技能评价 | 体育局业务科 |
| 7 | 4月22日—28日 | 各校(招生学校、学生就读学校、学生训练单位)对通过运动技能专业评价的学生名单进行公示 | 相关学校 |
| 8 | 4月29 日 上午9:00 | 各校将资格确认的优秀体育学生名单及相关材料**(优秀体育学生申报表一式六份、汇总表一份及电子版;七张中考报名照;比赛秩序册、成绩册原件和复印件各一份、公示材料等**)报体育局业务科审核备案 | 体育局业务科  相关学校 |
| 9 | 5月6日前 | 相关材料报市科艺中心和区教育考试中心 | 学生发展科  体育局业务科 |